

July 7th Anniversary



ICAS Support

As we approach the first anniversary of the July 7th bombings, companies and managers need to be aware of issues that may arise as people mark the event.

Individuals differ greatly in their response to anniversaries of significant events.

These responses may range from:

- indifference
- mild awareness of the day
- private reflection
- need to talk about the event
- need to take part in organised memorial events

A small number of people, mainly those closely involved at the time, may become emotionally distressed, with tearfulness, distressing thoughts or memories of the event.

There will of course be those people frustrated that these issues remain on the agenda and feel they 'just want to move on'.

Managers need to be aware that there is no one right way to react to a first anniversary of this kind. It helps if workplaces can allow for differences in how employees choose to behave at such a time and support that choice. For the small number of individuals who may become distressed, managers can contact ICAS either via their EAP or FIRSTcall® Department to discuss the variety of support available.

Organised activities in London on 7th July 2006

St Paul's Cathedral

08.30–10.30 St Paul's Cathedral Open for prayer only to mark first anniversary and Act of Remembrance for victims of London bombings.

12.00 noon National two-minute silence

17.00 Evensong will be dedicated to those killed and injured by the bombings, the bereaved, the emergency services and all who responded.

All are welcome to attend

12.00 noon **National two-minute silence**

Regent's Park's Queen Mary's Garden

18.00 An open-air commemorative event in memory of the 52 people killed in the bombings, the names of all 52 victims will be read out aloud.

All are welcome to attend.

Other Support Agencies

The 7th July Assistance Centre helpline will be open 24 hours a day throughout the first anniversary of the London bombings until 8pm Monday 10th July 2006 offering support as well as general advice and information.

Tel: 0845 054 744